**Positive Thinking Script and Shot List**

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0-12 (12 sec) Intro

 Flashback & title overlapping in bottom corner left

**Ghosting effect**

12-13 (1 sec) “Today”

 Girl #1 lying in bed looking sad

**Side angle, medium shot**

13-16 (3 sec) “You don’t want to get out of bed”

 Turns in bed to look at ceiling

**Overhead shot, medium**

16-18 (2 sec) “So many thought in your heeee…”

 Camera on girl #1 in bed then

**Short long-shot, pan up to window**

18-20 (2 sec) “…eeeeead”

 Girl #1 sits up and looks through window

**Close up**

20-22 (2 sec) “Like you’d be better off dead, better off dead”

 Girl #1 and #2 in class, girl #1 looking sad at desk

**Straight, medium shot**

23-24 (1 sec) “But let me tell you”

 Remark from girl #2, girl #1 starts to react

**Straight, medium shot**

24-27 (3 sec) “There’s a whole world waiting for you”

 Girl #1 smiles, they begin to joke

**Straight, medium shot**

28-32 (4 sec) “It’s hard to believe but it’s truuuuuee woooaahhh”

 Walking down the hallway happily chatting

32-34 (2 sec) “So just hold on for me, hold on for me”

 Flash to girl #1 at window bit, hand on window; close up and sad

**Long shot**

34-35 (1 sec) “Cos I believe”

 On two laughing and having a good time being friends

**Close up**

35-37 (2 sec) “If you go”

 Flashback

**Ghosting effect**

37-40 (3 sec) “My heart would break”

 Flash to girl #1 sad

**Close up**

40-42 (2 sec) “Just hold on”

 Flash to girl #1 angrily kicking garbage bins

**Long shot**

42-46 (4 sec) “One more day”

 Flash to girl #1 against a brick wall clearly frustrated

**Close up**

46-48 (2 sec) “Cos you…”

 Flash to girl #1 sitting in classroom and girl #2 walking in

**Long shot**

48-51 (3 sec) “…are so…”

 Girl #2 sits and the two chat animatedly and happy

**Long shot + zoom**

51-55 (4 sec) “… beautiful oooooooh”

 The two eating lunch and happy

**Straight, medium shot**

55-57 (2 sec) “I promise you this, promise you this”

 Flash to window scene, girl #1 sitting in the sill

**Long shot**

57-66 (9 sec) “You are more than capabaaaaaale”

 Cut to of sad face

**Close up**

66-68 (2 sec) “Just believe in yourself…”

 Girl #2 walks into room, looks surprised

**Over the shoulder**

68-69 (1 sec) “…and nobody else is…”

 Girl #2 looks at her first softly smiling then confused

**Close up**

69-74 (5 sec) “…listening”

Girl #1 turns, sees girl #2 and smiles, turns to see what she is doing and frowns, turns back and comes in the window

**Long shot**

74-85 (9 sec) ‘Suicide Prevention Bit’

 Suicide call-line